



FREDERICTON INDOOR POOL HOLIDAY SCHEDULE

January 3-8, 2012



FOR A FULL LIST OF RULES AND REGULATIONS PLEASE CALL 460-2273 OR
CHECK OUT OUR WEBSITE AT www.fredericton.ca

WE WILL BE CLOSED: December 17 2011 through January 2, 2012

EARLY BIRD LAP SWIM Thursday Jan 4 6:30am - 8:30am

AQUASTRETCH Wed., Fri. 10:45am - 11:30am

AQUACISE Wednesday 7:45pm - 8:30pm
Tuesday/Thursday 8:15pm - 9:00pm

RECREATIONAL SWIM

Tuesday to Friday 2:00pm - 4:30pm
Wednesday 5:30pm - 7:30pm
Saturday 2:00pm - 4:00pm
Sunday 6:30pm - 8:00pm

FAMILY SWIMS *(All youth 18 and under must be accompanied by an adult in the water)*

Tuesday/Thursday 5:30pm - 8:15pm
Friday 6:00pm - 8:00pm
Saturday 6:30pm - 8:00pm
Sunday 2:00pm - 4:00pm



PARENT&TOT/ADULT LAP SWIM

Tuesday-Friday 11:45am - 1:30pm

LAP SWIMS

Wednesday 8:35pm - 9:30pm
Tuesday/Thursday 9:05pm - 9:45pm
Friday 4:45pm - 5:45pm
Sunday 8:15pm - 9:30pm

