

# Fredericton Indoor Pool

## SWIM SCHEDULE

### SEPTEMBER 2 TO DECEMBER 22ND

#### RECREATION SWIM

*Children 6 years old and under must be accompanied by an adult in the water (one adult for 3 children).*

Monday to Friday	3:00 PM	to	4:00 PM
Wednesday	2:00 PM	to	4:00 PM
Saturday	2:00 PM	to	4:00 PM
Sunday	6:30 PM	to	8:00 PM

*The Waterslide, Diving Board and Tarzan*

#### LAP SWIM

*Please follow posted lane patterns.*

Monday to Friday	12:30 PM	to	1:30 PM
Monday & Wednesday	8:35 PM	to	9:30 PM
Tuesday & Thursday	8:50 PM	to	9:45 PM
Friday	4:45 PM	to	5:45 PM
Sunday	8:00 PM	to	9:00 PM

**Early Bird Lap Swim** *Please bring exact change*

Tuesday / Thursday	6:30 AM	to	8:30 AM
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**Senior Exercise Swim**

Monday to Friday	11:30 AM	to	12:30 PM
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#### GENERAL ADMISSION

Children		FREE!
Youth	7 to 18 years	\$ 2.80
Adults	19 years +	\$ 4.07
Seniors	60 years +	\$ 2.80
Family		\$ 10.18

*Family rate applies for two parent/guardians (19+) and their own children under 19 years of age.*

#### AQUATIC EXERCISE

<b>Aquatic Stretching</b>	11:30 AM	to	12:15 PM
Monday to Friday			
<b>Aquacise</b>			
Monday / Wednesday	7:45 PM	to	8:30 PM
Tuesday / Thursday	2:15 PM	to	3:00 PM
Tuesday / Thursday	8:00 PM	to	8:45 PM

#### STORM CLOSURES

*In the event of severe weather, please check the Fredericton Recreation Twitter or Facebook*

#### FAMILY SWIM

*All swimmers under 19 yrs of age must be accompanied by an adult in the water. (One adult for every 3 children; one adult for every 4 children over 7 years old.)*

Tuesday & Thursday	7:00 PM	to	8:00 PM
Friday & Saturday	6:30 PM	to	8:00 PM
Sunday	2:00 PM	to	4:00 PM

*Float mats, pool noodles, tot toys,*

#### PARENT & TOT SWIM

*For parents/guardians and children up to 5 years old.*

Monday to Friday	12:15 PM	to	1:30 PM
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*Swirl Pool Only*

#### GENERAL SWIM PASS MEMBERSHIPS

	10 visits	30 visits	Annual
Youth / Senior	\$ 25.19	\$ 70.04	\$ 167.91
Adult	\$ 36.57	\$ 101.43	\$ 244.25
Family	\$ 91.54	\$ 254.26	\$ 529.21

#### AQUATIC EXERCISE MEMBERSHIPS & PRICES

	Single Visits	10 visits	30 visits
Youth	\$ 3.05	\$ 27.37	\$ 76.25
Adults	\$ 4.58	\$ 41.17	\$ 114.54
Seniors	\$ 3.05	\$ 27.37	\$ 76.25

*All Prices subject to change without notice.*