



# FredRec Open Drop-In Gym Time at Fredericton High School

February 10, 2019 - June 16, 2019

- This is a free offering providing unreserved shared gym access to all members of the public
- Availability: Wednesdays and Fridays, 7:30pm-9:30pm & Sundays, 3:00pm-5:00pm
- Adult supervision is required at all times for youth ages 13 years and under
- Family participation is encouraged
- Food is not permitted; beverages must be in a non breakable containers
- Indoor only, non-marking footwear must be worn at all times
- Limited sports equipment may be signed out (picture ID is required), please bring your own sport balls/sports equipment as quantities are limited
- Open Gym time is intended for drop-in, recreation use, organized groups and teams are not permitted to use designated open gym time for practices or games
- Courts will be divided into activity areas (1 to 3 areas per court) as staff sees fit, staff will limit court times if demand warrants
- Courts are distributed on a first come first served basis
- Watch for special “try me” activities such as badminton, zumba and many other activities
- Hours are subject to change [www.fredericton.ca](http://www.fredericton.ca)
- Community School Gyms are closed when Anglophone West School District Schools are closed due to inclement weather. Please consult the City of Fredericton web site for current updates.