





FredRec

WEDNESDAY WALKERS 2025

A **FREE** walking club for all interested adults. This group meets every **Wednesday** from May 7 through to October 15, for a one-hour long walk.

Due to the increasing heat of our summers the walks will be held earlier from mid-June to the end of August.

Hours:	-May-7 - June 11	10-11am
	-June 18 - Aug 27	9-10am
	- Sept 3- Oct 15	10-11am

- All parking is in free public parking lots.
- Walks are held rain or shine.
- Carpooling is always encouraged.
- To register, please [click here](#)
- Please keep your own health in mind when deciding whether to come out. Remember to dress appropriately for the weather and to bring a water bottle.
-  = *steep grades on the trail*
-  = *FREE special event*

Walk routes and meeting/parking sites are listed below.

1. **May 7 -Gibson Trail from Picaroons to Hyla Park.** [route](#)
PARKING - Public parking at Picaroons on Union St [link](#)
2. **May 14 -Valley Trail from Angelview Park toward City Center** [route](#)
PARKING -Angelview Park parking lot 1071 Woodstock Rd [link](#)

3. **May 21 - Killarney Lake -Trail E (4.5km)** [route](#)
PARKING- in the Killarney Lodge Parking [link](#)
4. **May 28 - Lincoln Trail - Ballfield toward the airport** [route](#)
PARKING -1900 Lincoln Rd., next to East Coast Wheels. [link](#)
- 5 **June 4 - Nashwaak Trail –from Picaroons to Marysville** [route](#)
PARKING - Public parking at Picaroons on Union St [link](#)
- 6 **June 11 - Valley Trail -from Hartt Island Resort to town** [route](#)
PARKING- Park at the Hartt Island RV Resort, 2475 Woodstock Rd. [link](#)
- 7 **June 18- (9am starts begin today) Gibson Trail– from Barkers Point we'll head to Marysville** [route](#)
PARKING – The Drive Baptist Church 166 Greenwood Drive [link](#)
- 8 **June 25 -Valley Trail -Smythe Street Superstore westward.** [route](#)
PARKING - At the Southside Superstore [link](#)
- 9 **July 2 -Northside Trail -Picaroons to Westmorland St Bridge** [Route](#)
PARKING - Public parking at Picaroons on Union St [link](#)
- 10 **July 9 - 😊 South Riverfront Trail -Wilmot Park to City Hall** [route](#)
BONUS- A group game of bocce with instruction will be offered after in Wilmot Park, followed by a picnic in the park weather permitting
PARKING- Wilmot Park Public parking lot on Saunders Street. [link](#)
- 11 **July 16 -Northside Trail -Douglas Baptist Church to town** [route](#)
PARKING - Park at the Douglas Baptist Church on Hwy. #105. [link](#)
- 12 **July 23- ★ Odell Park from the top** [route](#)
Parking at Prospect ballfield [link](#)

13 July 30 - ☺ North Riverfront Trail – seniors center to the Westmorland Street Bridge [route](#)

BONUS- introductory session of Carpet Bowling after at the seniors Center with coffee and sweets

PARKING- at the Fredericton Seniors Center, 112 Johnston Ave off Main St in Nashwaaksis [link](#)

14 Aug 6 -South Riverfront & Lincoln Trail (LB Rink to City Hall) [route](#)

PARKING - overflow parking lot at L.B Rink, 375 University Ave [link](#)

15 Aug 13 - Bill Thorpe Bridge & Lincoln Trail-(Picaroons to UNB) [route](#)

PARKING - Public parking at Picaroons, 880 Union St [link](#)

16 Aug 20 - ★ Valley Trail -westward from Hartt Island Resort [route](#).

PARKING- Park at Hartt Island Resort, 2475 Woodstock Rd. [link](#)

17 Aug 27 ☺ Northside Trail -Seniors center toward McAdam Ave [route](#)

BONUS: Coffee and conversation after in the Seniors Center

PARKING- Fredericton Seniors Center, 112 Johnston Ave [link](#)

18 Sept 3 - (return to 10am starts) Lincoln Trail – Lincoln ballfield back toward city center [route](#)

PARKING -the ballfield 1900 Lincoln Rd., by East Coast Wheels. [link](#)

19 Sept 10 - Nashwaak Trail – from Marysville up along the Nashwaak River [route](#)

PARKING- Park in the gravel lot across from the Pharmachoice [link](#)

20 Sept 17 - ★ Odell Park main loop #1 [route](#)
Odell Park parking lot (off Waggoners Lane) [link](#)

PARKING-

21 Sept 24 - 😊 Northside Trail -Seniors Center to Henry Park [Route](#)
BONUS: Coffee and conversation after in the Seniors Center
PARKING- Fredericton Seniors Center, 112 Johnston Ave [link](#)

22. Oct 1 - Valley Trail- Angelview Park toward Silverwood [route](#)
PARKING- Angelview Park parking lot 1071 Woodstock Rd [link](#)

23. Oct 8 - ★ Killarney Lake Loop Two loops (or three) [route](#)
PARKING- in the Killarney Lodge Parking [link](#)

24. Oct 15 - 😊 Gibson Trail from Marysville Heritage Centre [route](#)
BONUS- Group meal- This is our final walk for the season and will be followed by a potluck at the Marysville Heritage Centre (MHC)
PARKING – at the MHC 11 McGloin Street [link](#)