



Information Bulletin

Fredericton - A Community for All Ages

AGE FRIENDLY- SPECIAL BULLETIN 4

August 2020

-please share as best you can.

INTERGENERATIONAL HOUSING INITIATIVE PILOT PROGRAM

The Intergenerational Living initiative (iGenNB) is an exciting new pilot project initiated by the Ville to match older people living alone with a younger person to share the household. The program can help mitigate loneliness and also enable seniors to stay in their homes longer. All participants are carefully screened and there is a careful matching process.

The younger persons shared responsibilities may include:

- Light Housework (ie: dishes, laundry, dishwasher, vacuuming)
- Home Maintenance (ie: minor repairs, cleaning vents/gutters, painting)
- Moving, lifting, carrying, or reaching
- Laundry
- Pet Care
- Snow removal/Seasonal Yard Maintenance
- Shopping/Running Errands
- Meal Preparation
- Gardening
- Companionship
- Computer help

For more information contact the Ville by e-mail iGenLiving@gmail.com or visit the website <https://www.theville.ca/igennb> or call 506 457-1717

RESULTS OF SOCIAL ISOLATION SURVEY

In the spring of 2020, Greater Fredericton Social Innovation, in partnership with The Age-friendly Committee and St. Thomas University Social Work Students, created The Social Isolation Survey.

- The main objective was to gather information on the services being provided by community organizations whose services in part or in full address social isolation. This will help organizations to collaborate and map out their services.
- By mapping out services in our community, we will have a better opportunity to identify gaps in services provided to older adults experiencing social isolation.
- The survey was sent to 55 people representing 44 service organizations. Thirty-two participants responded, resulting in a 73% response rate.

Visit the website for details on the results of the survey <https://www.socialinnovationfredericton.com/social-work-social-action-2020.html>

THE SENIORS NAVIGATOR

It can be overwhelming trying to find information on government programs and services available for seniors. The Province of NB has created a tool to make it easier for you and your family to find out about:

- Health at Home
- Housing Options
- Financial Help
- Legal Rights and Protection
- Managing Medical issues
- Healthy Living
- Community
- End of Life Planning

For information: <https://socialsupportsnb.ca/en/> call 1-855-550-0552

STEPPING STONE SENIORS CENTRE HAS RE-OPENED

It is important to note they will be strictly adhering to recommendations regarding COVID-19. Social distancing will result in less space available for programs and “drop in”. They are working hard to have some programs for September. For more information call 506-450-7849

A REMINDER

The Age-Friendly report and power point presented to the City Community Services Committee can be found at:

www.fredericton.ca/AgeFriendly