



Information Bulletin

January 2022



Life can be hard. Finding help can be easy. Call 211 to find support and information to help for all life's challenges

- 211 is an information and referral service that connects New Brunswickers to human, social, community and non clinical health and government programs, and local services and activities in the community. This includes information and connections to basic needs like housing and food access as well as support for seniors, youth, mental health and much more.
- The service is free and confidential and is staffed by trained professionals 24 hours a day, 7 days a week and 365 days a year. The service is available in over 150 languages.
- By calling 211, people are connected with a real person who will ask questions about their situation and then provide information and referrals on where they can find what they need for themselves, friends or family.
- You can also go to the website at <https://nb.211.ca/> for a searchable database of information.
- You can also dial: 1-855-258-4126. TTY line: 1-855-405-7446 or E-mail: 211nb@findhelp.ca
- 211 has been available in New Brunswick since October 2020 and has received nearly 14,000 calls from around the province.
- The United Way, the Government of New Brunswick and the Government of Canada fund this valuable program.

Become a 211 Champion: Share this information with groups, family and friends

- To order print and/or digital materials for your organization's outreach programs and events, please contact 211info@moncton.unitedway.ca. A helpful tool kit is available at 211 ([LINK](#)) with everything you need to share info and be a 211 champion.
You can also ensure information on your group's programs or services are included in the 211 database.

